



Certificate in Play and Art Therapy

Introduction to Play Therapy

In this module, learners can gain knowledge on how children learn about the world around them and how they interact with their environment through play. Aside from understanding what toys to choose and their uses in therapy work, you will also be equipped with foundation knowledge on Child-centred Play Therapy and learn how to create therapeutic environments for children to safely express themselves. The language of play is a powerful therapeutic medium to help adults understand children and how they make sense of the world.

Introduction to Art Therapy

This module utilises a variety of art materials that encourages self-expression to explore problems and facilitate positive change and personal growth. The focus is not on artistic skills, but on engaging in a creative personal process that helps reconcile emotional conflicts, foster self-awareness, develop social skills, solve problems, reduce anxiety, aid in reality orientation, and increase self-esteem.

Entry Requirements

- A pass in 1 GCE 'O' Level subject conducted in English, or
- A pass for ITE NITEC course in any field, or
- Mature candidates (30 years old and above), with 8 years work experience

English Language Proficiency

- Pass in 1 GCE 'O' English Language, or
- Pass in any GCE 'A' Level subject conducted in English, or
- IELTS 5.5, or
- TOEFL (Internet Based) 59, or
- Person PTE Academic 52

Duration

6 months

Registration Fee

\$163.50 w/GST

Tuition Fee

\$3488.00 w/GST



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