

# Flexible Learning Options to Suit Your Journey

## Course Comparison Guide

	Postgraduate Diploma in Psychotherapy and Counselling	Postgraduate Diploma in Psychotherapy and Counselling Studies	Postgraduate Diploma in Psychotherapy and Counselling Studies (E-learning)	Postgraduate Diploma in Psychotherapy and Counselling (Wellbeing Interventions)	Postgraduate Diploma in Psychotherapy and Counselling Studies (Wellbeing Interventions)	Postgraduate Diploma in Psychotherapy and Counselling Studies (Wellbeing Interventions) (E-learning)	Postgraduate Diploma in Psychotherapy and Counselling (Children and Adolescents)	Postgraduate Diploma in Psychotherapy and Counselling Studies (Children and Adolescents)	Postgraduate Diploma in Psychotherapy and Counselling Studies (Children and Adolescents) (E-learning)
Modules	PSY 01 Essentials of Psychology and Mental Health PSY 03 Developmental Psychology PSY 04 Introduction to Psychotherapy and Counselling PSY 07 Family and Marital Counselling PSY 08 Group Counselling GPSY 02 Applied Positive Psychology PDPSY 10 Psychotherapy Practice and Ethics in a Multicultural Context PDPSY 01 Cognitive Behavioural Therapy PDPSY 02 Solution Focused Brief Therapy PGDPSY 07 Research Methods in Psychology PGDPSY 09 Understanding Trauma and Trauma Treatment PDPSY 11 Risk Assessment PGDPSY 12 Advanced Counselling Techniques and Interventions PGDPSY 13 Whole Person Therapy and Case Formulation			PSY 01 Essentials of Psychology and Mental Health PSY 03 Developmental Psychology PSY 04 Introduction to Psychotherapy and Counselling PSY 07 Family and Marital Counselling PSY 08 Group Counselling GPSY 02 Applied Positive Psychology GPSY 04 Mindfulness Psychology GPSY 05 Resilience Training for Practitioners PDPSY 10 Psychotherapy Practice and Ethics in a Multicultural Context GPSY 09 Strengths Development PDPSY 01 Cognitive Behavioural Therapy PDPSY 02 Solution Focused Brief Therapy PGDPSY 07 Research Methods in Psychology PGDPSY 09 Understanding Trauma and Trauma Treatment PDPSY 11 Risk Assessment PGDPSY 12 Advanced Counselling Techniques and Interventions PGDPSY 13 Whole Person Therapy and Case Formulation			PSY 01 Essentials of Psychology and Mental Health PSY 03 Developmental Psychology PSY 04 Introduction to Psychotherapy and Counselling PSY 07 Family and Marital Counselling PSY 08 Group Counselling PSY 15 Childhood and Adolescent Disorders PSY 16 Special Needs Education PSY 17 Working with Children and Adolescents GPSY 02 Applied Positive Psychology PDPSY 10 Psychotherapy Practice and Ethics in a Multicultural Context PDPSY 01 Cognitive Behavioural Therapy PDPSY 02 Solution Focused Brief Therapy PGDPSY 07 Research Methods in Psychology PGDPSY 09 Understanding Trauma and Trauma Treatment PDPSY 11 Risk Assessment PGDPSY 12 Advanced Counselling Techniques and Interventions PGDPSY 13 Whole Person Therapy and Case Formulation		
Practicum	Yes	No	No	Yes	No	No	Yes	No	No
Duration	12 months			18 months			18 months		
Course Fee	S\$26,541.50 w/GST			S\$31,991.50 w/GST			S\$31,446.50 w/GST		
Mode of Learning	In-Person Online Classes		Online Classes	In-Person Online Classes		Online Classes	In-Person Online Classes		Online Classes