



# Certificate in Psychology and Counselling

## Foundation Psychology

How do people differ from one another? To what extent is your current behaviour shaped by your childhood development? How does motivation play a part in reaching goals? This module introduces the field of psychology as a scientific discipline concerned with the study of thought and human behaviour.

## Introduction to Psychotherapy and Counselling

This module introduces the fundamental theories of psychotherapy, including psychoanalytic theories of Freud, the humanistic approach of Carl Rogers, and Choice Theory / Reality Therapy. Learners will also learn the fundamental skills of a therapist, and how to apply psychotherapy and counselling to help clients in areas of development and to overcome their challenges.

### Entry Requirements

- A pass in 1 GCE 'O' Level subject conducted in English, or
- A pass for ITE NITEC course in any field, or
- Mature candidates (30 years old and above), with 8 years work experience

### Duration

6 months

### Registration Fee

\$163.50 w/GST

### Tuition Fee

\$3488.00 w/GST



+65 6884 5162



[enquiry@positivepsych.edu.sg](mailto:enquiry@positivepsych.edu.sg)