



Certificate in Psychology and Counselling

Essentials of Psychology and Mental Health

How do people differ from one another? To what extent is your current behaviour shaped by your childhood development? How does motivation play a part in reaching goals? This module introduces the field of psychology as a scientific discipline concerned with the study of thought and human behaviour.

Introduction to Psychotherapy and Counselling

This module introduces the fundamental theories of psychotherapy, including psychoanalytic theories of Freud, the humanistic approach of Carl Rogers, and Choice Theory / Reality Therapy. Learners will also learn the fundamental skills of a therapist, and how to apply psychotherapy and counselling to help clients in areas of development and to overcome their challenges.

Entry Requirements

- A pass in 1 GCE 'O' Level subject conducted in English, or
- A pass for ITE NITEC course in any field, or
- Mature candidates (30 years old and above), with 8 years work experience

English Language Proficiency

- Pass in 1 GCE 'O' English Language , or
- Pass in any GCE 'A' Level subject conducted in English, or
- IELTS 5.5, or
- TOEFL (Internet Based) 59, or
- Person PTE Academic 52

Duration

6 months

Registration Fee

\$163.50 w/GST

Tuition Fee

\$3488.00 w/GST



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