



# Certificate in Introduction to Art Therapy

This module utilises a variety of art materials that encourages self-expression to explore problems and facilitate positive change and personal growth. The focus is not on artistic skills, but on engaging in a creative personal process that helps reconcile emotional conflicts, foster self-awareness, develop social skills, solve problems, reduce anxiety, aid in reality orientation, and increase self-esteem.

## Entry Requirements

- A pass in 1 GCE 'O' Level subject conducted in English, or
- A pass for ITE NITEC course in any field, or
- Mature candidates (30 years old and above), with 8 years work experience

## English Language Proficiency

- Pass in 1 GCE 'O' English Language , or
- Pass in any GCE 'A' Level subject conducted in English, or
- IELTS 5.5, or
- TOEFL (Internet Based) 59, or
- Person PTE Academic 52

## Course Delivery

- Lectures and case studies discussions
- Hands-on activities
- Role-plays
- Class presentation

DURATION  
**3** MONTHS

REGISTRATION FEE  
**\$163.50 w/GST**

TUITION FEE  
**\$1853.00 w/GST**



+65 6884 5162



[enquiry@positivepsych.edu.sg](mailto:enquiry@positivepsych.edu.sg)