



Certificate in Counselling

This module introduces the fundamental theories of psychotherapy, including psychoanalytic theories of Freud, the humanistic approach of Carl Rogers, and Choice Theory / Reality Therapy. Learners will also learn the fundamental skills of a therapist, and how to apply psychotherapy and counselling to help clients in areas of development and to overcome their challenges.

Entry Requirements

- A pass 1 GCE 'O' Level subject conducted in English, or
- A pass for ITE NITEC course in any field, or
- Mature candidates (30 years old and above), with 8 years work experience

Course Delivery

- Lectures and case studies discussions
- Role plays
- Class presentation

DURATION
3 MONTHS

REGISTRATION FEE
\$163.50 w/GST

TUITION FEE
\$1853.00 w/GST



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